

Plumpton Activity Scheme timetable 2011

Sessions 10.00am – 3.00pm (Registration from 9.50am)

This timetable outlines the main activities on offer however everyday there are lots of other fun things to do including football, games, arts and crafts etc. Children can choose what they would like to do - nothing is mandatory all just fun. (* indicates permission slip required)

Date	Morning Activity	Afternoon Activity	Other activities during the day	What to wear/bring
Week 1 Play leader: Carol Turner				
Tues 2nd	Music Workshop using African drums & other instruments	Music Makers Make & play your own musical instruments	Cooking Outdoor games	
Wed 3rd	Street Dancing Learn to move your body to the street beat	Tie Dying Create your own fabric designs on a scarf or bandana	Costume making Outdoor games	Bring a plain white t-shirt for tie dying (optional)
Thur 4 th	Fruity Beauty* Make your own beauty products using natural ingredients	Pizza Making Make your own takeaway Pizza	Pamper parlour* Crafts Outdoor games	
Week 2 Play leader: Lynn Cornford				
Tues 9 th	Cycling* Have fun and learn how to cycle safely	Re-cycling Try junk modelling & junk Jewellery making	Bread Making	Bring bicycle and cycling helmet
Wed 10 th	Tennis Learn with coaches from Plumpton Tennis Club	Sugar Craft & Lavender bags	Decorative box making Outdoor Sports	Comfortable Clothing and Trainers
Thur 11 th	Medieval Day Learn the art of medieval fencing using realistic looking swords and shields and try medieval dancing .		Jousting, medieval themed crafts, activities and food	Gloves, comfortable clothing and trainers
Week 3 Play leader: Sarah Hibberd				
Tues 16 th	Traditional Crafts Learn traditional crafts with the help of the WI	'Walk like an Egyptian' Sand art, Mask Making	Egyptian themed arts & crafts Outdoor games	
Wed 17 th	Amazing Animals Meet some creepy crawlies, slimy and furry friends!!	'Under the sea' Glass painting and watery themed crafts	Outdoor games	Bring small jam jar or glass bottle
Thur 18 th	Circus Skills Have a go at plate spinning, stilts and other circus skills	'Clowning around' Circus themed crafts and activities	Cold cookery Multi-sports	Comfortable clothing and trainers
Week 4 Play leader: Emma Richardson				
Tues 23rd	Brighton and Hove Football Academy Polish your skills with a professional coach!! Junk Modelling Make a home for your toy, or a model of your choice, using recycled materials		Hama beads Outdoor games	Bring your own SMALL toy to make a home to fit
Wed 24 th	Pasta Making Hands on pasta making. Create your own tasty lunch.	Board games and cards - play our selection and /or bring your own	Volleyball Outdoor games	
Thur 25 th	Art Workshop Put yourself in the frame by painting your own portrait	Cookery make your own yummy treats to eat or take home	Football Outdoor games	

Please note *activities may be subject to change*

Please wear old clothes, bring a packed lunch and don't forget sunhats and sunblock when the sun shines!

